



sleep\_disturbance\_poster\_alpha\_v1.0\_20181219

# IS YOUR SLEEP DISTURBED?

IF YOU SUFFER FROM

**HAND ECZEMA**

THAT AFFECTS YOUR SLEEP,  
YOU MAY BE ELIGIBLE TO  
TAKE PART IN THE ALPHA STUDY

ALPHA is a nation wide  
study comparing NHS  
treatments for severe  
hand eczema

Stay up  
to date

 @LICTR\_Alpha

**JOIN THE ALPHA STUDY NOW**

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